

# 3-Hour Senior Journey Adventure!



## **Donkeys and Goats and Chickens . . . Oh My!**

Learn all about our animals, their needs and how long they live! How do animals help humans? Can they be trained? Can they help reduce stress and blood pressure? We will be training and reducing our stress here at Old Fliegler's Farm! Walk a donkey and train a pig!

## **Enjoy a healthy snack!**

Choose from one of our programs or customize your own:

### **-Don't Panic . . . It's Organic!**

Why is organic gardening so important? Girl Scouts will learn about different soil types, composting, beneficial insects and the importance of healthy eating. Find out what crops are in season and when to plant your seeds. Choose a craft from our stockade or make a mini-compost bin to take home!

### **-Here Comes the Sun!**

Harness the power of the sun and cook your food in an ecological, economical, time saving and non-fuel manner. How does solar cooking work and what are the benefits? We will collect farm fresh eggs and cook them in your very own homemade solar oven.

### **-Locavores!**

Learn about eating locally, being sustainable, where you go to get your local food, why eat locally, eating seasonally, how it helps global warming and more! Pick a craft from the list or make a group collage and plant some seeds.

### **-Food!**

Quick cooking lesson on preparing foods from our garden. Choose a craft from the stockade.

### **Cost**

\$30 per scout (10 scout minimum)

\$5 per chaperone (one per every five scouts)

\$20 per extra parent

THIS IS A CELL PHONE FREE ZONE- It makes for a more enjoyable day without distracting scouts and animals. Thank you!

*Discover*

*Connect*

*Take Action*